

Sutton Runners Committee Meeting – 18th March 2010

Minutes

Present: Anita Hedges, Mark Asten, Tony Gallagher, Claire Ballhatchet, Andrew Nippard, Charles Green, Therese Panetta, Steven Barber, Graham Miller

Apologies: Barbara Burnett, Neal Richardson,

Section A: Standing Items

1. Welcome and thank you (Andrew)
Andrew welcomed the committee to the meeting and announced that Barbara and Neal had sent in Apologies for absence.
2. Previous Meeting Minutes (All)
The minutes of the previous meeting were accepted.
3. President's update (Andrew)
Andrew apologised for not being down the club recently due to pressures of work, things should start to ease off in April and he will be down the club more regularly. There have been several positive responses to the new ideas contained in Andrew's proposals to be discussed later in the meeting.
The coaching clinic was well attended and well received by those present, there are plans to hold other clinics later in the year.
4. Secretary's update (Graham)
Standard awards were updated to the Valentines 10k and will be presented soon to those who have not received them. The Grand Prix events and Surrey Road League events have been circulated to the club by email. There was some debate as to keeping the Dave Clark 5k after the race was very short last year but it was accepted that this was due to a Marshall standing in the wrong position and the course will be accurate this year. The Cabbage Patch 10 is the only one of our Grand Prix events that has yet to have a confirmed date and as such can not yet be confirmed as our club championships.
5. Treasurer's update (Charles)
Signatories still need to be amended so that both Club President and Club Secretary can both sign club cheques.
6. Membership Secretary's update (Claire)

We now have 136 members; this will increase gradually up to the end of June when all memberships are renewed and will then drop off again. Claire said that we need to pay English Athletics much earlier this year so that members can get their cards.

7. Social Secretary's update (Mark)

There was a good attendance at the social night on 21st January and the dogs on 27th February with about 25 attending each event.

The pizza night planned on 23rd March is cancelled due to the coaches meeting.

It was suggested that a different venue is used for the post race marathon drink with All Bar one being one suggestion, that Mark will follow up.

Mark also suggested a summer event in late June where we could possibly hire somewhere. He will investigate and report back to the committee

8. Women's Captain and Vice Captain update (Anita and Therese)

Anita has already approached selected ladies for the team to run in the Sutton Runners 10k, she will update on responses at the next meeting.

9. Men's Captain and Vice Captain update (Steven B and Neal)

Steven will select the men's team closer to the day as there are a lot of runners to choose from who are running similar times at present.

10. Press Secretary's update (Tony)

Tony said he will tailor the press report so the news page on the website is not the same brief as the articles sent to the press.

Tony asked for as many photos as possible, Graham said that there are photos for the time trial for Banstead available every week and said he will put the link in the weekly email.

11. Newsletter Editor update (Barbara)

Barbara is investigating changing printers to see if we could a magazine with colour photos. It was also suggested that we ought to keep copies of the magazine in the cupboard to give out to new members.

12. Website Coordinator update (Stephen C)

Stephen not in attendance.

13. Sutton Runners 10K (Andrew, Andrea)

Andrea was welcomed to the committee meeting as a temporary member up to the time of the race.

An email update has been sent to the club which included a request for volunteers on the day, a list will also be available on club nights to get helpers on the day, it was

also suggested that we could extend the invitation to Collingwood to help on the day (for those of them not running) to forge closer links between the two clubs.

Andrea has been very organised and constructed a new spreadsheet with a full list of jobs to do, and action points with an associated timeline. This will also help with the handover of the race to future directors in upcoming years.

Andrea suggested that committee members to be given jobs to include jobs on and around the finishing line though some will be needed for other roles based on past experience.

The sponsor is confirmed as Physio and Therapy to include free physio to runners pre and post race.

Two charities will receive donations: Sutton Mencap and the Karira Trust, which was recommended by one of our members.

Charles suggested that the prize money is reviewed as it looks a little low – this will be done at the next race committee.

Andrew is still waiting for the permit from UK Athletics and will continue to chase, Sutton Council have sent a form for their permit which needs to be returned.

Andrea has had a few offers of accommodation for storage but no van, Graham has had one offer of a van which he has offered to drive.

Lauren Jones has done a fantastic job of redesigning the race entry form and also in designing the logo/details for the race memento – many thanks to Lauren and her design skills!

It is proposed that the next race committee meeting will be on the 30th March, Graham will send out a note to all members.

Section B: Raised Items

14. Handicap (Andrew, Graham)

The handicap will take place on the open ground in front of St Helier Hospital, a course has been measured of 3k which is 3 laps of this area. Andrew has proposed some dates which Graham will send out to the club, the first one being 13th April. Graham said he will continue to produce the handicap times and the results but asked to be excused from helping on the day so that he could take part in them this year but did agree to help out for the 1st one on 13th April. Andrew did clarify that this is a very much a trial and depending on the club response to this revised route will determine whether it will continue in this format after this year. Andrew has another suitable location, also on grass, near to Sutton Arena if the St.Helier trial does not work.

15. Joint activities with Collingwood (Graham)

Graham circulated a paper produced by Andrew Stalley from Collingwood proposing two joint events, a marathon challenge with a suggested event and a home and

away handicap challenge with each club hosting an event on specified dates in June and July. Graham gave a brief summary on the proposals after which the committee were asked to read the document prior to Graham responding to Andy within one week. The committee agreed to the challenge in principle, though there were some issues raised in particular regarding the choice of marathon (The Kent Coastal) and whether we would get sufficient numbers willing to take part to meet the conditions of the challenge.

16. Club proposals – Progress: coaching courses, specialist advice/training/coaching and website (Andrew)

Coaching Courses are being completely revised by England Athletics so proposals to enter people on courses is on hold until such time that the format is more widely known, though Andrew expects the format will be broadly similar to what is currently in place.

The coaching clinic that Steven and Andrew ran at the Cock and Bull was successful with several members from across two groups leaving with structured training plans. It was also good from a social point of view! More will be organised in the months ahead to follow up on this and for more people to benefit.

A coaching meeting to which all club coaches have been invited will take place on 23rd March at 8.30pm after the training session.

Graham will invite Paul from Physio and Therapy to come down the club and do a nutrition workshop prior to the London Marathon. Due to the difficulty in getting a date in Paul's diary at this very busy time of the year for him, he asked for a selection of dates very soon so this can be arranged. If this is not possible before the marathon due to Paul's workload this will be arranged after the London Marathon.

17. Club standard award for 5K (Members suggestion – Andrew)

In addition to commenting on the proposals that were sent out in January, several members in their feedback requested we look at introducing a club Standard Award for 5K. With the large number of club members taking part in 5ks it was decided that the Standard Awards be extended to cover this distance. Andrew agreed to review current standards and use them to come up with a proposal to draw up 5k Standards. A date will then be announced as to when they will apply from and they not be issued retrospectively prior to that. Graham will continue to produce the Standard Awards.

18. Roles and responsibilities of committee positions (Andrew)

Barbara and Tony Gallagher have produced their roles and responsibilities and given them to Andrew. Andrew asked if the rest of the committee could do the same as this would be useful information to club members considering standing for

committee positions in the future. These can then be put on the website and club noticeboard.

19. London Marathon – Transport (Graham, Mark and Andrew)

Andrew raised the fact that the organisation of a bus for the London Marathon wasn't included in any handover he received and as a result this topic was not previously on the agenda, until some members started to ask Graham questions about a potential bus for this year's race. In addition the marathon bus was not considered by any other committee member, as no one holding positions this year had previously been involved in organising it. After some discussion Andrew agreed to approach Peter Sturton to see if he could get a free bus from Sutton Garage (the committee were advised by Claire, that Glenn would not be able to do this as he had not been asked and could no longer obtain a bus, due to now being based in Merton). Another suggestion was that we hire either a coach or mini bus and recover the costs from those using it, which would mean no donation to charity. Mark has already obtained a quote from Epsom Coaches and agreed to investigate this option if Andrew was unable to obtain a bus via Peter. Graham said that 14 people have already asked to travel on a club bus demonstrating the need for one.

Any Other Business (All)

There was no other business